

**Worried? Angry?
Stressed? Anxious?
Sad? Depressed?**



**...talking with
a counsellor could
be the answer.**

**The
Counselling
Partnership**

Charity registration number 1076244

If something is troubling you, talking to a counsellor could really help. The Counselling Partnership offers face to face counselling for up to a year. We understand that it is not always easy to talk about problems. We are trained to listen and to help you explore your feelings without judgement.

The Counselling Partnership is a highly regarded charity improving mental well-being by providing affordable, one-to-one counselling for adults.

Our venues are in Walton on Thames, Cobham and Woking. All of our volunteer counsellors have a wide range of skills and experience and we carefully match you to the most appropriate counsellor to meet your specific needs.

Here to help

We help clients facing a range of issues including **depression, anxiety, bereavement, anger, stress, abuse, loss, phobias, post-traumatic stress, relationships, self-esteem, trauma** and **work or career related issues**.

Contributions

We ask you to make a contribution for the initial appointment and each subsequent counselling session based on what you can afford. These contributions will usually range from £25 to £55. We offer a Contribution Assistance Scheme for clients who wish to apply for further financial support towards their weekly sessions.

Support

Please contact us by telephone, email or via our website to book an initial appointment to talk about the issues affecting you and to discuss whether counselling is the most appropriate way forward for you.

A really good service which makes counselling more available to everyone who needs it.

I have achieved above and beyond my goals, tons more than I thought I could or would.

My counsellor was kind and caring. She made me feel that I was being heard and listened to – something that I have not felt in a long time.

Gift Aid

As part of the Gift Aid scheme, The Counselling Partnership can reclaim tax on all donations and contributions from donors who pay income tax. *giftaid it*

Donations

If you would like to make a donation to support our work you can find us at www.localgiving.org as The Counselling Partnership, or we have a 'Support us' page on our website www.thecounsellingpartnership.org

Funding and Support

The Counselling Partnership actively seeks funding support to subsidise the vulnerable and disadvantaged who are unable to pay. Funding support enables our volunteer counsellors to maintain the high standards required by the BACP and to promote our services to those who are least able to afford it.



waltoncharity
on thames



Elmbridge
Borough Council
... bridging the communities ...

Funded by



Community
Foundation
for Surrey



WOKING
BOROUGH COUNCIL

Give us a call...

Telephone:

01932 244070

between 9.00am – 2.30pm

Monday to Thursday

(24-hour confidential answer phone service outside of office hours)

Or contact us at

info@thecounsellingpartnership.org

www.thecounsellingpartnership.org

Follow us at:



@TCPNorthSurrey

Like us at:



@counsellingpartnership

bacp | Accredited
Service

We are an accredited member of the British Association for Counselling and Psychotherapy (BACP). www.bacp.co.uk

“ This is clearly a professional and responsive service and we are delighted to renew the accreditation award.”

BACP